

CENTURION FOOTNOTES

DECEMBER 2013 – VOL 20 NUMBER 8

*The Official Magazine of Australian Centurion Walkers Inc
Founded 1971, Incorporated 2000, No. A0040301S
<http://www.centurions.org.au>*

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DATES...DATES...DATES

The Australian ultra calendar has all but finished for 2013 but there are lots of opportunities for walkers and runners in the 2014 AURA calendar – check out <http://www.aura.asn.au/events.html>. Coburg Harriers have set dates for their Coburg 24 Hour Carnival next year - the 6 Hour event will be held on Sunday 23rd February 2014 and the 24 Hour event (which will incorporate the AURA 24 Hour Australian Track Running Championships) will be held on the weekend of 5-6 April. Including Coburg, the other likely events for walkers include

Jan 4, 2014	Narrabeen All Nighter 12 Hour	Narrabeen, NSW
Feb 8, 2014	Caboolture Dusk to Dawn 12 Hour	Caboolture, QLD
Sun Feb 23, 2014	Coburg 24 Hour Carnival - 6 Hour Walk/Run	Coburg, VIC
Apr 5-6, 2014	Coburg 24 Hour Carnival - 24 Hour Walk/Run	Coburg, VIC
June 8, 2014	Australian 100km Road Champs	Gold Coast, QLD
June 14, 2014	Sri Chinmoy 24 Hour Championships	Blacktown, NSW
July 12, 2014	Adelaide 24 Hour	Adelaide, SA
July 25-27, 2014	Caboolture 24H, 48H	Caboolture, QLD
Sept 29, 2014	Adelaide 6 Day and 48H	Adelaide, SA
Oct 26, 2014	Ned Kelly Chase 100km	Wangaratta, VIC

NED KELLY CHASE 100KM, WANGARATTA, SUNDAY 27 OCTOBER

The inaugural Ned Kelly Chase event (<http://www.nedkellychase.com.au>) was held in late October on a massive 100km out and back 100km loop which started and finished in Wangaratta, in country Victoria, and meandered around the Victorian North East. There were plenty of options - cover the full 100km as a solo entrant (44 starters) or take part as a 2x50km (20 teams) or 4x25km relay team (16 teams) or even participate in a ride/run relay team (11 teams). So it was a big show with lots of competitors spread around the course.

The race broke new ground in a number of ways, one of which was the organisers (centurions Justin and Sharon Scholz) letting you choose your own start time (any time between midnight and 6AM), with a view to everyone finishing around 2PM on Sunday - I suppose that is why it was called the Ned Kelly 'Chase'.

Michelle Thompson (C 58) and **I** chose to compete in the solo 100km race but as walkers rather than as runners and we set off at 1AM with head torches, provisions and enthusiasm (but obviously not much common sense) and slogged it out for just under 12 hours, crossing the finish line together just before 1PM with matching finishing times of **11:58:54**. It was a demanding course with challenging road surfaces and some testing undulations but the weather was kind to us and we have lived to tell the tale.

Centurions **Terry O'Neill (C 18)** and **Karyn O'Neill (C 45)** participated in the 2x50km relay, also as walkers, with Karyn doing 6:37:20 for the first 50km and Terry doing an excellent 5:43:10 for the second half. We also had one other walk relay team with **John Kilmartin** and **Brian Glover** - John did a superb walk in the first half (6:11:08) but Brian found his leg pretty tough (7:06:02).

Ned Kelly Chase 100km Solo - all those under 12 hours (44 starters, 36 finishers)

1.	Moritz auf der Heide	7:39:15
2.	Dan Langelaan	8:37:45
3.	John Pearson	8:44:05
4.	Shannon-Leigh Litt	8:46:42
5.	Kevin Muller	8:58:41
6.	Andrew Law	9:02:44
7.	Jess Baker	9:29:32
8.	Andrew Donaldson	9:29:35
9.	Cameron Gillies	9:36:22
10.	Lachlan Fraser	9:41:08

11. David Fraser	9:51:09
12. Matt Callaghan	10:06:09
13. Daragh O'Loughlin	10:08:00
14. Larissa Tichon	10:11:17
15. Annabel Hepworth	10:53:39
16. Leigh D'Arcy	11:09:03
17. Simon Dunn	11:12:40
18. Roger Hanney	11:13:42
19. Mak Sawa	11:18:48
20. George Mihalakellis	11:39:45
21. James Tucker	11:44:18
E22 Tim Erickson (walk)	11:58:54
E22 Michelle Thompson (walk)	11:58:54

All in all a great weekend!



Michelle Thompson and Tim Erickson in action in the Ned Kelly Chase in October

MKH PUTRAJAYA INTERNATIONAL 12 HOUR WALK, PUTRAJAYA, MALAYSIA, DEC 7-8, 2013

The annual MKH Putrajaya International 12 Hour Walk was held last weekend in Putrajaya, the administrative capital of Malaysia, just south of Kuala Lumpur (see <http://www.racewalkermalaysia.com/12-hour-walk.php>). It is always a mass participation event and Australians often compete. This year Sydney based ultra walker **Saul Richardson** waved the Aussie flag on our behalf so I chatted with him post event to get his perspective on the event and his own performance:

I got in to Putrajaya a few days early to acclimatise and relax a bit before the race. A nice excuse to be away from work for a couple of days! It is a very clean, modern planned city like Canberra. It is also where all the government administration is done, in lots of ornate and grandiose buildings. It is on a lake and is a very nice spot. Excellent for walking too, flat and great footpaths.

Before I started, I set myself to goal of 80km and a top ten finish, both of which I managed. There were 700 walkers, mostly Malaysians, but a bunch from other countries too. The biggest other contingent was from Hong Kong. There were three from France including Claudine, who has walked the Paris-Colmar race a number of times.

It was quite hot, not too bad though for me coming from Sydney. However it was extremely humid so I was careful to drink plenty throughout the race. I got off to a good start, aiming for 8 minute laps on the 1km loop. I did 44km in the first 6 hours, a 6 hour PB for me. I then took a very short break to change my shoes but found it hard to get moving again. The second half was noticeably slower. I got to 80km in 11:53 and was 10m short of the line when the hooter went to signal the end of the race. As they only log complete laps in this race, my

official total was 80km. However the actual distance was 80.99. It got a little confusing at the end as the race clock was still showing a minute left. Either way, for me it was a 6 and 12 hour PB, and 9th place. I'm delighted!

It was a brilliantly organised event with a great atmosphere. Being at an ultra walk with so many people was exciting. Also, 700 people plus their supporters and organizers there for over 12 hours, and not a bit of litter, no one spitting all over the course, and people even made sure to vomit into garbage bins if they'd overdone things a bit. Timing was by computer chip, was accurate and the results processed really quickly. Also, there is prize money for the top 15 places. I'd really recommend this event, it really is excellent. Putrajaya is very, very easy to get to with lots of great accommodation options and cheap flights too.



Saul Richardson in action in the Putrajaya 12 Hour ultra walk - a PB of 80.99km (photo Emmanuel Tardi)

He wasn't the only one there - the intrepid Emmanuel Tardi was also participating and shared his thoughts on the event.

I was in Putrajaya (Malaysia) last weekend for their annual 12 hours racewalk event. Putrajaya is a very new city that will become the capital of Malaysia in the next 10 years. The race was on a 1km lap in the middle of the city on the main avenue. The start time was 8pm on the Saturday evening and the end time was 8am on the Sunday morning. The event saw more than 1000 starters but, as usual, lots of them walked only a few hours before stopping. There were a number of foreign walkers, from Hong Kong, from France, from Australia.

In the men's race, Mohd Khair Ahmad and Mohd Rahman Bin Abu Bakar were well in front after the first 2 hours. After about 6 hours, Ahmad sped up and cleared away to become a sole leader. While Ahmad's style was perfect, Bakar's was suspect and he received two red cards as the race progressed. In this event, you are docked one lap for each red card so overall, Bakar had 2 laps subtracted from his final total. That meant that Ahmad won with 98 laps (98km) ahead of Bakar with 94 laps (94 km). Singapore Peter Back who came 3rd (91 laps) is an Australian who has lived in Singapore for about 16 years and is a race walker.

In the women's race, marathon runner Chooi Fern (age 23 - 2nd with 3:30 in the last Kuala Lumpur Marathon) started fast with perfect style and was untroubled to win with 87 laps (87km). French ultra star Claudine Anxionnat started slower and could not catch her, eventually finishing third with 84 laps (84km).

For myself, as usual, I have big problems with sleeping and I stopped the race after 9 hours for a long rest :(

You can check out Emmanuel's large collection of photos at https://www.facebook.com/emmanuel.tardi/media_set?set=a.10202004597710663.1073741840.1657411914&type=1. His next race will be the "Coupe de Noel" in Yverdon, Switzerland, next Sunday. Talk about no rest for the wicked!

12 Hour Walk Men		Country	Laps	Red Cards	Final Distance	Time
1.	Mohd Khair B. Ahmad	MALAYSIA	98	0	98km	11:58:41
2.	Mohd Rahman Bin Abu Bakar	MALAYSIA	96	2	94km	11:58:41
3.	Peter James Back	SINAGAPORE	91	1	90km	11:52:28
4.	Leung Ting Kin	HONG KONG	90	0	90km	12:00:52

5.	Michael Charles Campaniello	MALAYSIA	85	1	84km	11:52:25
6.	Foong Fatt Heng	MALAYSIA	83	0	83km	11:54:27
7.	Sivu Subramanian	MALAYSIA	82	0	82km	12:00:01
8.	Krishnan A/L Rengasamy	MALAYSIA	81	0	81km	11:53:31
9.	Saul Richardson	AUSTRALIA	80	0	80km	11:53:31
10.	Eng Hup Boh	MALAYSIA	80	1	79km	11:26:19

12 Hour Walk Women

1.	Loh Chooi Fern	MALAYSIA	88	1	87km	11:55:27
2.	Norazilah Binti Osman	MALAYSIA	85	1	84km	11:53:29
3.	Claudine Anxionnat	FRANCE	84	0	84km	11:57:46
4.	Nor Zalika Binti Mohd Asri	MALAYSIA	82	0	82km	12:00:20
5.	Tai Sau King, Irene	HONG KONG	82	1	81km	11:56:46
6.	Chu Chee Ning	MALAYSIA	77	2	75km	11:48:34
7.	Tan Boon Gaik	MALAYSIA	75	3	72km	12:00:32
8.	Winnie Wong	MALAYSIA	72	0	72km	11:59:27
9.	Pon Sew Peng	MALAYSIA	71	0	71km	11:55:20
10.	Lin Wing Yee	MALAYSIA	71	0	71km	12:00:58



Mohd Rahman Bin Abu Bakar, Mohd Khair Ahmad and Chooi Fern (photos Emmanuel Tardi)

THIRUKUMARAN BALAYSENDARAN - BAREFOOT WALKER

With the Malaysian 12 Hour completed for 2013, now is a good time to reproduce an article I recently published on Malaysian racewalker Thirukumaran Balaysendaran who won the event in 2009 and 2010.

There have always been barefoot runners, the most famous being Ethiopia's Abebe Bikila who won the first of his consecutive Olympic marathon gold medals in 1960, sans shoes, in a world record 2:15:17. And now the shoe companies have come to the fore with a whole range of 'minimalist running shoes'.

But that's running. Surely you can't walk in bare feet on unforgiving bitumen and cement surfaces? Think again! Yes, while it's hard enough to complete a 20km or 50km racewalk with a pair of good shoes, Malaysian walker Thirukumaran Balaysendaran was well known for his barefoot walking, even in major races.

I was lucky enough to run into him in Hong Kong in October at the 2013 MTR Hong Kong Race Walking meet. Now retired from racing, he was there managing the Malaysian walkers who were to compete in the 10km roadwalk.



Tim and Kumaran in Hong Kong in October 2013

Kumaran, born 2nd February 1969, competed barefoot for his entire career until he retired in 2011 and it does not seem to have inconvenienced him or left him with any lasting issues. He competed in a number of major internationals, including

1997 IAAF Racewalking World Cup, Podebrady	20km	105 th	1:31:17
1998 Commonwealth Games, Kuala Lumpur	50km	9 th	4:44:33
1999 IAAF Racewalking World Cup, Mézidon-Canon	20km	90 th	1:37:12
2001 South East Asian Games, Kuala Lumpur	20km	3 rd	1:34:30

His 1997 World Cup walk was captured on video - check it out at <http://www.youtube.com/watch?v=eN3bscX7gKE>. Those are cobblestones! He did not finish last by any means - he was 105th out of 134 finishers in what is probably the largest international racewalk field ever assembled.

He finished his career with PBs of 4:21:33 for 50km (done in the 1998 Malaysian Open Championship) and 1:30:25 for the 20km (done in 1997).

We even saw his barefoot walking in Sydney in February 2000 when he competed in the Australian 20km championships, being held on the Homebush course which was to be used in the Olympics that year. On that occasion, he finished 22nd in a time of 1:40:10, his unique walking mode being captured by the Sydney Morning Herald (see <http://www.smh.com.au/fimages/2005/05/11/1115585021026.html>)



The caption read: *Thirukumaran Balaysendaran of Malaysia tramped Sydney's searing roads with the barest protection in the 20km walk in the Australian Track and Field Championships.*



Kumaran competing in the 1999 World Cup in Mezidon



Now this is an interesting newspaper snippet - it's not always easy being a barefoot walker and convincing officialdom that you are allowed to compete in the event.

Of course, there was one occasion when he donned shoes, perhaps understandably! It was in 2009 when he competed in the annual Malaysian 12 Hour Endurance walk in Putrajaya, just outside Kuala Lumpur. As usual, the event saw huge mass participation (just to put some perspective on it, there were 369 competitors in the men's 12 Hour event and 286 competitors in the women's 12 Hour event). And the shoes must have done the trick as Kumaran won the event overall with a distance of 101km in oppressive conditions.



Kumaran (4251) leads the 2009 Malaysian 12 Hour Walk

He returned for a repeat win in this event in 2010 and I assume he compromised and also wore shoes again on that occasion!

He retired in 2011 but is still involved in our sport, coaching some school / junior athletes in Selangor State where he runs a small trading business. His place seems assured in walking history as we are perhaps unlikely to see a barefoot walker on the international stage again.

JUSTIN AND SHARON SCHOLZ CONQUER THE COAST TO KOSCI, 6-8 DEC 2013

The annual Coast to Kosci (see <http://www.coast2kosci.com>) is a 240km endurance event with a difference - starting on the NSW coast, it winds its way to the top of Mt Kosciusko, the highest point in Australia. For the last 2 years, Peter Bennett (C 24) has been our sole representative, walking against the runners and doing it with distinction. This time around, it was the turn of two of our newest centurions in **Justin Scholz (C 61)** and **Sharon Scholz (C 63)**. They entered the race with the intention of running together the whole way and that they did, coming equal 12th in the fine time of **33:02:03**.



Sharon and Justin on their way to a successful finish in the Coast to Kozci

Here is what Sharon had to say about the challenge:

What a hard yet awesome weekend. Coast to Kosciusko this year was a ‘Mammoth’ task for Justin and I to run the 240km trek together. We are really happy to have taken on, and tamed the mammoth.

Congrats to the many amazing efforts and the great finisher rate. There are just so many outstanding performances and stories to inspire. Everyone involved must be congratulated, though not here and now. Just a couple of special mentions below.

Well done Jess (first woman). Great performance for the race record and I am especially proud of Sabina coming in 2nd place. Sabina has crewed for me each year in C2K, and last Friday we stepped onto that line as fellow racers. In the men’s event I was staggered by the thought of Ewan tackling that snow covered peak in darkness. Fancy getting to Charlotte’s Pass early enough to beat the sunrise on the Saturday! Well done mate. Obviously there are so many more great results and amazingly tough stories. I enjoy all the race reports and love to hear the stories.

Heartfelt thanks to you Sandy and Colin Suckling, Debbie and Ken for your commitment and patience. Much more details will be in the extended race report on my blog in the coming days.

Justin and I are happily married still and mostly because of careful planning and training ourselves throughout the year to run in harmony together. Not at any stage did we bicker or lose sight of the goal of ‘finishing as a team’. Heck – with those team tech-shirts, anything other than completing this together (if capable) would not be an acceptable outcome to us.

We are happy and proudly wear our Akubra hat prizes, though it has already been stipulated that the baton gets handed firmly back to me for follow up C2K attempts and Justin is raring to take on crew status again.

And to complete the review, **David Billett (C 50)** was also in the mix, coming 34th in a time of **36:03:10**, also as a runner. It was his third finish but a lot faster than the previous two finishes in 2008 and 2011.

2013 GORDON SMITH MEMORIAL AWARD NOMINATIONS

This annual award, named after Australian Centurion Number 1, is awarded for the **Best Australian Ultra Distance Walking Performance of the Year**. Award criteria are as follows

1. It is restricted to performances done in Australia.
2. It is awarded for the best SINGLE performance.
3. All Australian Centurions will vote on a short list of performances, as proposed by the Executive.

Previous winners include	2005 Deryck Skinner (C 51)	2006 Stan Miskin (C 23)
	2007 Terry O'Neill (C 18)	2008 Deryck Skinner (C 51)
	2009 Peter Bennett (C 24)	2010 Peter Bennett (C 24)
	2011 Michelle Thompson (C 58)	2012 Barry Loveday (C 62)

As is always the case, we have a number of very worthy local nominations and it has been tough to whittle it down to four. But here they are, in alphabetical order, as proposed by our Executive:

- **Steve Jordan (C 64), Sri Chinmoy 24 Hour Championship, Blacktown, NSW, 15-16 June 2013**
In his previous 11 attempts over the last 8 years, Victorian walker Steve Jordan had never managed to put a full 24 hour walk together but this year he left nothing to chance, taking 7 months of long service leave, training and racing assiduously and shedding 5-7kg in preparation for this make-or-break attempt. And it paid off as he bettered his 6H and 12H PBs on his way through to his 100 mile time of **23:13:33**. He then continued on to a final 24 Hour distance of **164.478 km**.
- **Justin Scholz (C 61), Sri Chinmoy 24 Hour Championship, Blacktown, NSW, 15-16 June 2013**
Last year, Wangaratta based ultra distance runner Justin Scholz became a Centurion with a 100 mile walk time of 22:09:03. This time around, he was on deck primarily to help his wife Sharon in her centurion attempt but he obviously felt so good that he eventually went off the front in his own record breaking walk, passing the 100 mile mark in 19:43:21 and going on to record 189.678km, the second longest ever 24 Hour walk distance in Australia behind that of Jim Gleeson. This broke our oldest record - Gordon Smith's M35 24 Hour.
- **Sharon Scholz (C 63), Sri Chinmoy 24 Hour Championship, Blacktown, NSW, 15-16 June 2013**
Last year, Wangaratta based ultra distance runner Justin Scholz became a Centurion. This year it was the turn of his wife Sharon who had competed in the Australian team in the World 24 Hour Running Championships in Holland only 4-5 weeks before. In the sort intervening period between events, she had been busy doing what must have been one of the shortest preparation periods ever. It was an extraordinary walk, passing the 100 mile mark in 20:06:00 on route to her final distance of 187.653km. and breaking Michelle Thompson's Australian records for 12 Hours, 100km, 100 miles and 24 Hours.
- **Tim Erickson (C 13), Sri Chinmoy 24 Hour Championship, Blacktown, NSW, 15-16 June 2013**
Tim Erickson was also in action in Sydney with his first ultra walk since he qualified as a centurion in 1976. He had entered the 12 Hour event and completed it with a final distance of **102.330km** after passing the 6 Hour mark with **56.436km**. Doing such a fast first half did mean that the second half was a very tough slog but he was able to keep on the track, even if he did slow. His performance shattered the M60 records for 6 Hours, 50 Miles, 100km and 12 Hours and his 6 Hour distance was the fourth best Australian performance overall.

Our centurions will now cast their votes. I look forward to announcing the worthy winner in our next newsletter.

OUT AND ABOUT

Chris Flint, Kathy Krilly, Richard and **Sandra Brown (C 36)** joined the CVN (Dutch and Belgian members of the English Centurions) for their annual reunion and AGM in mid November. Sandra explains

It was a wonderful occasion as always - very friendly and hugely enjoyable, with a very interesting visit this year to a horse farm [which makes excellent chocolates from horse milk], followed by the presentation of awards, and

then a nice meal together, the sharing of happy memories, photographs etc. It was my great pleasure to present the awards and medals to the new Centurions, and CVN very kindly presented flowers to all those present who finished the IOM 100. Altogether a very enjoyable day and a great credit to Piet, Gerrit and all CVN friends. During the presentation, I had a delightful surprise when Hans van der Knaap announced that I had qualified for two of the Dutch "Long Distance Walker" awards - the bronze LDW and silver Super LDW pins, with which he presented me. I felt very honoured and thrilled to bits!

It was great to see Rudy and Caroline again at the reunion - and Gerrit and Piet of course. Also there was Hilde Kroll who showed me a photo of her qualifying race - the 1984 Leicester: we are both in the pic taken soon after the start, along with Marlene Radder Willems. Hilde was not quite 21 at the time - when 21 was supposed to be the minimum age for entry. She would like to walk again next year.

THE YEAR IN REVIEW

That's it for another year and what a year it has been with 4 new Centurions (C 63-66) and 12 walks in excess of 100 miles within 24 hours on Australian soil. That is a huge PB for us and omens well for the health of our sport.

Michelle Thompson (C 58)	20:22:36 (Aust Rec)	Coburg, VIC	13-14 April 2013
Justin Scholz (C 61)	19:43:21	Blacktown, NSW	15-16 June 2013
Sharon Scholz (C 63) *	20:06:00 (Aust Rec)	Blacktown, NSW	15-16 June 2013
Steve Jordan (C 64) *	23:13:33	Blacktown, NSW	15-16 June 2013
Anyce Melham (C 65) *	23:46:32	Blacktown, NSW	15-16 June 2013
Peter Bennett (C 28)	22:44:26	Caboolture, QLD	19-21 July 2013
BENNETT, Peter (C 24)	20:33:00	Middle Park, VIC	14-15 Sept 2013
SCHOLZ, Sharon (C 63)	22:40:37	Middle Park, VIC	14-15 Sept 2013
SCHOLZ, Justin (C 61)	22:40:37	Middle Park, VIC	14-15 Sept 2013
BILLET, David (C 50)	23:06:59	Middle Park, VIC	14-15 Sept 2013
O'NEILL, Karyn (C 45)	23:14:56	Middle Park, VIC	14-15 Sept 2013
CRUMP, Peter (C 66) *	23:39:40	Middle Park, VIC	14-15 Sept 2013

New records have been set at a pace never seen before, another great sign.

In 2013, Masters records were set in the following categories

Michelle Thompson	50km	W40 All-Comers & Residential Records	5:20:57	Coburg	10/03/2013
Michelle Thompson	6 Hours	W40 All-Comers & Residential Records	55.865 km	Coburg	10/03/2013
Dawn Parris	6 Hours	W60 Residential Record	43.476 km	Coburg	10/03/2013
Michelle Thompson	100 Miles	W40 All-Comers & Residential Records	20:22:34	Coburg	14/04/2013
Michelle Thompson	24 Hours	W40 All-Comers & Residential Records	184.724 km	Coburg	14/04/2013
Dawn Parris	50 Km Track	W60 Residential Record	7:00:57	Coburg	14/04/2013
Dawn Parris	50 Miles	W60 Residential Record	11:47:10	Coburg	14/04/2013
Dawn Parris	100 Km	W60 Residential Record	15:48:55	Coburg	14/04/2013
Dawn Parris	24 Hours	W60 Residential Record	142.521 km	Coburg	14/04/2013
Justin Scholz	24 Hours	M35 All-Comers & Residential Records	189.678km	Sydney	16/06/2013
Sharon Scholz	50 Miles	W35 All-Comers & Residential Records	9:29:06	Sydney	16/06/2013
Sharon Scholz	100 Km	W35 All-Comers & Residential Records	11:53:46	Sydney	16/06/2013
Sharon Scholz	100 Miles	W35 All-Comers & Residential Records	20:06:00	Sydney	16/06/2013
Sharon Scholz	12 Hours	W35 All-Comers & Residential Records	100.832km	Sydney	16/06/2013
Sharon Scholz	24 Hours	W35 All-Comers & Residential Records	187.653km	Sydney	16/06/2013
Sharon Scholz	6 Hours	W35 All-Comers & Residential Records	51.658km	Sydney	16/06/2013
Sharon Scholz	50 km	W35 All-Comers & Residential Records	5:48:26	Sydney	16/06/2013
Tim Erickson	100 Km	M60 All-Comers & Residential Records	11:39:37	Sydney	16/06/2013
Tim Erickson	12 Hours	M60 All-Comers & Residential Records	102.330km	Sydney	16/06/2013
Tim Erickson	6 Hours	M60 All-Comers & Residential Records	56.436km	Sydney	16/06/2013
Tim Erickson	50 Miles	M60 All-Comers & Residential Records	8:57:06	Sydney	16/06/2013
Peter Bennett	200km	Open All-Comers & Residential Records	29:35:53	Caboolture	21/07/2013

In 2013, the following Open records were set

Michelle Thompson	50km	Open All-Comers & Residential Records	5:20:57	Coburg	10/03/2013
Michelle Thompson	6 Hours	Open All-Comers & Residential Records	55.865 km	Coburg	10/03/2013
Michelle Thompson	100 Miles	Open Residential Record	20:22:34	Coburg	14/04/2013

Michelle Thompson	24 Hours	Open All-Comers & Residential Records	184.724 km	Coburg	14/04/2013
Sharon Scholz	50 Miles	Open (Residential)	9:29:06	Sydney	16/06/2013
Sharon Scholz	100 Km	Open (Residential)	11:53:46	Sydney	16/06/2013
Sharon Scholz	100 Miles	Open (Residential)	20:06:00	Sydney	16/06/2013
Sharon Scholz	12 Hours	Open (Residential)	100.832km	Sydney	16/06/2013
Sharon Scholz	24 Hours	Open (Residential/All-Comers)	187.653km	Sydney	16/06/2013
Peter Bennett	200km	M55 All-Comers & Residential Records	29:35:53	Caboolture	21/07/2013
Peter Bennett	48 Hour	M55 All-Comers & Residential Records	271.114km	Caboolture	21/07/2013

FINANCIAL NEWS

A quiet couple of months since our Centurion walk but one huge donation, thanks to Deryck Skinner (C 51). Deryck works each year in the Adelaide City Sea fun run office and donates his takings to the club. This is most generous and we thank Deryck for his generosity.

Incoming	Deryck Skinner - donation	500.00
	Bank Interest	1.23
Balance		\$740.54

UNTIL OUR NEXT NEWSLETTER

Wow, another year completed and what a year! So many of us have been active and so many new members have joined our exclusive club. I can hardly wait for next year when it all starts again!

Yours in Centurion walking ... Tim (C 13)