

# CENTURION FOOTNOTES

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President	Terry O'Neill (C 18)	03-95435753
Vice-President	Peter Bennett (C 24)	07 38703824
Secretary	Tim Erickson (C 13)	03-90125431
Treasurer	Lois Erickson	03-90125431

## DATES...DATES...DATES

The 2014 AURA calendar shows quite a few ultra events that may suit serious ultra walkers– check it out at <http://www.aura.asn.au/events.html>. The ultra walking calendar, both locally and internationally, is building nicely.

Mar 29-30, 2014	24 Heures de Château-Thierry	Château-Thierry , FRA
Apr 5-6, 2014	Coburg 24 Hour Carnival - 24 Hour Walk/Run	Coburg, VIC
Apr 26-27, 2014	La Ronde des Ducs à Dijon	Dijon, France
May 3-4, 2014	Les 24 heures d'Eppeville	Eppeville, FRA
Jun 4-7, 2014	Paris-Colmar Classic	FRA
June 7-8, 2014	<b>Continental Centurions Qualifying walk</b>	Schiedam, NED
	See <a href="http://www.rotterdamsewandelsportvereniging.nl/index.php?page=rwv-wandelweekend">http://www.rotterdamsewandelsportvereniging.nl/index.php?page=rwv-wandelweekend</a>	
June 7-8, 2014	<b>USA Centurions Qualifying Walk</b>	Lake Snelling, Minnesota, USA
	See <a href="http://www.fans24hour.org/">http://www.fans24hour.org/</a> and <a href="http://walkonmn.org/centurion/index.html">http://walkonmn.org/centurion/index.html</a>	
June 8, 2014	Australian 100km Road Champs	Gold Coast, QLD
June 14, 2014	Sri Chinmoy 24 Hour Championships	Blacktown, NSW
June 28-29, 2014	Les 24 heures de Montguyon	Montguyon, FRA
July 12, 2014	Adelaide 24 Hour	Adelaide, SA
July 25-27, 2014	Caboolture 24H, 48H	Caboolture, QLD
Aug 2-3, 2014	<b>English Centurions Qualifier</b>	Southend, England
	See <a href="http://www.centurions1911.org.uk/southend-100.html">http://www.centurions1911.org.uk/southend-100.html</a>	
Sept 29, 2014	Adelaide 6 Day and 48H	Adelaide, SA
Oct 26, 2014	Ned Kelly Chase 100km	Wangaratta, VIC
Oct 4-5, 2014	<b>Australian Centurions 24H Qualifying Walk</b>	Melbourne, VIC
	See <a href="http://www.centurions.org.au/event2014.shtml">http://www.centurions.org.au/event2014.shtml</a>	
Dec 6-7, 2014	Malaysian 12 Hour Walk (more details to come)	Malaysia

Our **2014 Australian Centurions 24 Hour Qualifying event** has now been confirmed for **Melbourne** on the weekend of **4-5 October**. Like last year, the event will be hosted by the Victorian Race Walking Club and will be held at their headquarters at Middle Park. At this stage, I expect to use the same 1.25km road loop we used in 2013. The event will feature 24 Hour, 12 Hour and 6 Hour walks - more details at <http://www.centurions.org.au/event2014.shtml>.

In addition, we will **try** to have someone onsite to verify any centurion walk performances done at the following events

June 14, 2014	Sri Chinmoy 24 Hour Championships	Blacktown, NSW
July 12, 2014	Adelaide 24 Hour	Adelaide, SA
July 25-27, 2014	Caboolture 24H, 48H	Caboolture, QLD

I can also now advise the dates for the Continental Centurions, USA Centurions and British Centurions annual qualifiers (see above). Only NZ is still to be confirmed.

And an ultra distance walking website that's worth a look - check out the new Spanish Ultrawalking facebook page: <https://www.facebook.com/ultrawalking>

## 2014 ENGLISH CENTURIONS QUALIFYING EVENT ANNOUNCED

English Centurions secretary Chris Flint C.849 has announced details of the 2014 English Centurions Qualifying event. The announcement reads as follows

The Centurions is pleased to announce that Southend AC has offered to host the 100 miles in 24 hours Centurions' qualifying race this year. The race will take place on 2-3 August on the track at the Southend AC club HQ at Garons Leisure and Tennis Centre, Southend.

The start time is likely to be 12 noon. The maximum number of competitors is still to be determined.

An application is to be made to the Race Walking Association for a race permit and for it to be recognised as the national long distance championship.

Entries will be coordinated by Kathy Crilley C.933. ([kathy.crilley@btinternet.com](mailto:kathy.crilley@btinternet.com))

The aim is to attract participants with the ability to qualify as a Centurion, and also to encourage race walkers with experience and determination to make this a fast race on a good track. We shall welcome overseas participants and their support teams.

More details will be circulated shortly. In the meantime, please circulate the news widely. We are grateful to Southend AC for use of the track and facilities and their enthusiasm.

Chris Flint C.849

### CABOOLTURE DUSK TO DAWN 12 HOUR ENDURANCE EVENT, 8-9 FEBRUARY 2014

A number of Victorians travelled to the annual Caboolture Dusk to Dawn 12 Hour Endurance event which was held once again on the 500m gravel road loop within the Caboolture Historical Village on the Sunshine Coast in Queensland (see <http://geoffsruns.com>) on the weekend of 8-9 February. The surface is not the best so it is not the sort of event which optimises the chance of a good time but that didn't stop around 250 entrants in events ranging from the classic half marathon right through to the 12 Hour run/walk.

The Victorian walkers, along with local Queenslander Peter Bennett, were all entered in the 12 Hour event which started at 6PM on the Saturday evening (hence the name 'Dusk to Dawn') and went throughout the night. An extract from the full results (see <http://results.timingplus.com.au/Meet.aspx?MeetID=b2ebe1e1-88d3-4fc9-9cac-653672ae7665>) shows the following finish placings. **Peter Bennett (C 24)** led the walkers home with a fine 107.171km while **Michelle Thompson (C 58)** 96.074km and **Steve Jordan (C 56)** 81.159km filled the next two walk placings. Alas, Terry and Karyn O'Neill and I were all forced to withdraw along the way. These events are indeed tough ones.



Peter Bennett, Michelle Thompson and Steve Jordan in action in Caboolture last Saturday night

#### 12 Hour Endurance Event

17.	Peter Bennett (C 24)	QLD	214 laps	107.171 km
27.	Michelle Thompson (C 58)	VIC	192 laps	96.074 km
36.	Steve Jordan (C 56)	VIC	162 laps	81.159 km
43.	Tim Erickson (C 13)	VIC	132 laps	66.000 km
49.	Terry O'Neill (C 18)	VIC	91 laps	45.500 km
51.	Karyn O'Neill (C 45)	VIC	76 laps	38.000 km

### COBURG 6 HOUR TRACK CHAMPIONSHIPS, COBURG, SUNDAY 23 FEBRUARY

I was at the Harold Stevens Reserve in Coburg on Sunday 23<sup>rd</sup> February for the annual Coburg 6 Hour Track Championships where a full field of 45 competitors (36 runners and 9 walkers) toed the line for the 6AM start time. Conditions were good early on but it was hot and sunny in the second half of the event. Centurion members **Michelle Thompson (C 58)** and **Terry O'Neill (C 18)** took the lead from the gun and were never headed. Michelle was the best overall with her distance of 55.731km only about 100m below her Australian Open record and good enough for a new

W45 Australian best. Terry's distance of 53.786km set a new Australian M55 best and was not far outside his best from years past. **Karyn O'Neill (C 45)** also produced a great walk with a PB 47.442km as did **Steve Jordan (C 56)** who was just outside his best with 45.900km. And a special mention to Victorian walker Sandra Howorth who walked a big PB with her distance of 41.338km. The next outing for the ultra walkers will be in the Coburg 24 Hour Carnival in 6 weeks time.

**6 Hour Walk Women**

- |    |                          |     |           |           |
|----|--------------------------|-----|-----------|-----------|
| 1. | Michelle THOMPSON (C 58) | VIC | 55.731 km |           |
| 2. | Karyn O'NEILL (C 45)     | VIC | 47.442 km | PB 0.3 km |
| 3. | Dawn PARRIS              | VIC | 43.567 km |           |
| 4. | Sandra HOWORTH           | VIC | 41.338 km | PB 2.5km  |

**6 Hour Walk Men**

- |    |                      |     |           |
|----|----------------------|-----|-----------|
| 1. | Terry O'NEILL (C 18) | VIC | 53.786 km |
| 2. | Steve JORDAN (C 64)  | VIC | 45.900 km |
| 3. | Saul RICHARDSON      | NSW | 42.499 km |
| 4. | Ken CARTER           | VIC | 26.513 km |
| 5. | John KILMARTIN       | VIC | 26.126 km |



Michelle Thompson, Terry O'Neill, Karyn O'Neill and Steve Jordan in action at Coburg



Ken, Terry, Steve, Saul, John, Michelle, Karen, Dawn and Sandra



## 8 HEURES DE CHARLY, CHARLY-SUR-MARNE, FRANCE, SUNDAY 16 FEBRUARY

Our intrepid European correspondent Emmanuel Tardi was at Charly-sur-Marne, 100km east of Paris, in mid February for the first of the French long distance walk classics. The start time was 8AM and, after a first lap of 3.650km, subsequent laps of 2.575km were walked, to enable an exact 50km time to be clocked. It was the last opportunity for French walkers to qualify for the French National Championship on March 9<sup>th</sup> and a split time of 6:00 or better was required.

It was a big field with 79 individual walkers and 4 teams on the start line. Eddy Roze made the early pace, but after 90 minutes Fabrice Henry overtook him and took the lead. Alas, nothing is easy in longer races and he was eventually forced to stop with sciatic issues, leaving Eddy to reach the 50km mark first in 4:48, some 14 minutes ahead of André Duterte and 25 minutes in front of Fabien Lombard. Roze went on to win easily with 78.325km from Duterte 75.750km and a fast finishing Philippe Morel 73.175km. In the women's race, 2013 winner Deborah Geimer led early but stopped just after halfway, surrendering the lead and the eventual victory to Dominique Malochet with a distance of 65.460km. There was a special award for 81 year old Jean Pichon (born in Dec 1932) who walked just over 55km with a 50km split of 7:06.



**Eddy Roze, Philippe Morel and Florence Pierre (photos Emmanuel Tardi)**

### 8 Hours Walk (first 40)

1. ROZE Eddy	Amiens Uc	78 km 325 m	07:51:00
2. DUTERTE Andre	Cm Roubaix	75 km 750 m	07:52:16
3. MOREL Philippe	Ac Chateau Thierry	73 km 175 m	07:54:49
4. GILLES Philippe	Lma Meung-sur-loire	73 km 175 m	07:57:09
5. LOMBARD Fabien	Asm Bar-le-duc	73 km 175 m	07:58:20
6. THIBAUX Philippe	Club Athletique Ageen	70 km 600 m	07:47:11
7. RAULET Christophe	Ga Meusien	70 km 600 m	07:49:38
8. BUNEL Pascal	Neuilly Sur Marne Athletisme	70 km 600 m	07:54:57
9. VARAIN Cedric	Ac Chateau Thierry	70 km 600 m	07:55:28
10. VAN DER GULIK Frank	S.v De L.a.t	70 km 600 m	07:57:14
11. THIRIOT Louis	Asm Bar-le-duc	70 km 600 m	08:00:10
12. OLIVARES Mathieu	Neuilly Sur Marne Athletisme	68 km 025 m	07:45:46
13. GIROD Urbain	CM Montey	68 km 025 m	07:48:50
14. LEIJTENS Frans	Rwv Amsterdam	68 km 025 m	07:58:38
15. DIEN Daniel	Neuilly Sur Marne Athletisme	68 km 025 m	07:59:12
16. LABARRE Bertrand	Cs Provins Athletisme	68 km 025 m	08:03:53
17. GICQUEL Bernard	NL Conflans Ste Honorine	65 km 450 m	07:51:17
18. ARNAULT Jacques	Neuilly Sur Marne Athletisme	65 km 450 m	07:53:35
19. KERLAU Yves-michel	Cm Roubaix	65 km 450 m	07:53:58
20. DUBOSCQ Daniel	Nl La Roche Blanche	65 km 450 m	07:53:59
21. DERRIEN Franck	Bruz Athle	65 km 450 m	07:55:32

22.	LAILLER Patrick	Asptt Tours	65 km 450 m	07:58:03
23.	PECOURT Jean-michel	Us Camon	65 km 450 m	07:58:46
24.	MALOCHET Dominique (F)	Asc Le Havre	65 km 450 m	07:58:48
25.	CHABIN Frederic	Essonne Athletic	65 km 450 m	07:58:57
26.	LETESSIER Gilles	Plm Conflans	65 km 450 m	07:59:57
27.	CHATILLON Dominique	Nl Fublaines	65 km 450 m	08:02:56
28.	BIEBUYCK Pascal	Ath AC	65 km 450 m	08:03:47
29.	THEVENIN Pascal	Marne Et Gondoire Athletisme	62 km 875 m	07:46:50
30.	PELLERIN Alain	Rc Epernay	62 km 875 m	07:47:01
31.	PIERRE Florence (F)	Athle 55	62 km 875 m	07:48:10
32.	BOUFFLERT Eric	Ga Basse-seine Bolbec	62 km 875 m	07:49:01
33.	MARECHAL Jean	Ac Chateau Thierry	62 km 875 m	07:51:35
34.	HARTMANN Emmanuel	Ga Meusien	62 km 875 m	07:55:26
35.	ANXIONNAT Claudine (F)	Athletic Vosges Entente Clubs	62 km 875 m	07:56:40
36.	BOVIN Laurent	A Marcheurs St Thibault Des Vi	62 km 875 m	07:59:10
37.	BIET Christophe	J3 Sports Amilly	62 km 875 m	08:03:01
38.	PANNIER Josiane (F)	Havre Ac	62 km 875 m	08:03:46
39.	SPIESER Jean-Paul	Athletic Vosges Entente Clubs	62 km 875 m	08:07:17
40.	NOGRE Yannick	Es Montgeron	60 km 300 m	07:45:49

### 24 HEURES DE BOURGES, BOURGES, FRANCE, 1-2 MARCH 2014

Our French correspondent Emmanuel Tardi had a busy time last weekend, travelling by train to the French Youth Indoor champs in Lyon on Saturday and then driving to Bourges on Sunday morning, arriving at dawn to catch the final 7 hours of the 24 Heures de Rouen.

Held on the traditional Circuit des Rives d'Auron, the first lap was 540m followed by laps of 2.688km up till the 23 hour mark and finishing with laps of 629m in the final hour - enabling an exact 100km split for all walkers who got that far.

In the men's event, Fabrice Henry immediately took the lead and was a long way ahead by the time he reached 100km (10h31'30). Then came Florian Letourneau 11h45'50, Philippe Thibaux 11h46'10, Dominique Bunel 11h49'35, Philippe Gilles and Emmanuel Lassalle 11h49'50. At that stage, quite a few 200km+ performances looked likely but a cold night took its toll with Letourneau and Bunel both stopped by dawn. Henry also slowed but his lead over Lassalle was too large and he eventually won with an excellent 205.081km ahead of Lassalle 200.740km.

In the women's event, Déborah Geimer led from beginning to end, passing the 100k mark around 12:30 and clocking a final distance of 174.311km. Nicoletta Mizera was holding second before stopping overnight, leaving Sylvie Mason to take 2nd with 165.802km. Emilie Bizard passed Françoise Fabre in the dying hours to take 3rd with 157.099km.

#### 24 Hour Walk Men (first 40)

1.	HENRY Fabrice	1966	FRA	As Saint-junien	205k081m
2.	LASSALLE Emmanuel	1981	FRA	Athletic Vosges Entente Clubs*	200k740m
3.	THIBAUX Philippe	1969	FRA	Club Athletique Ageen	197k517m
4.	LHOEST Daniel		BEL		190k643m
5.	LETESSIER Gilles	1950	FRA	Plm Conflans	189k308m
6.	BUNEL Pascal	1964	FRA	Neuilly Sur Marne Athletisme	188k232m
7.	VARAIN Cedric	1980	FRA	Ac Chateau Thierry	185k456m
8.	GILLES Philippe	1964	FRA	Lma Meung-sur-loire	185k362m
9.	GIROD Urbain		SUI		183k704m
10.	DUFRIEN Pascal	1961	FRA	A Marcheurs St Thibault Des Vi	180k590m
11.	DERRIEN Franck		FRA		178k745m
12.	KERLAU Yves-michel	1961	FRA	Cm Roubaix	178k693m
13.	GEORGELIN Serge	1968	FRA	Bruz Athletisme	177k575m
14.	BOCUZE Daniel	1955	FRA	Fac Andrezieux	177k339m
15.	BIEBUYCK Pascal		BEL		176k319m
16.	BLOM-HERTBEEK Boudew		NED		175k320m
17.	BIET Christophe	1966	FRA	J3 Sports Amilly*	174k277m
18.	CAILLEAUX Patrick		FRA		168k613m
19.	BANO Jean-michel	1955	FRA	Ajs La Garde	168k224m
20.	LOUGRADA Saadi	1962	FRA	Cm Roubaix	167k027m
21.	ARNAULT Jacques	1962	FRA	Neuilly Sur Marne Athletisme	165k233m

22. SADET François		FRA		161k691m
23. FORESTIERI Alexandre	1982	FRA	Ust Courir A Saint Tropez	156k648m
24. MASSON Pascal	1964	FRA	Essonne Athletic*	155k180m
25. PETIT Alain	1950	FRA	Essonne Athletic*	153k275m
26. BLONDE Daniel		FRA		152k130m
27. LABORIE Christophe		FRA		148k583m
28. BOVIN Laurent	1961	FRA	A Marcheurs St Thibault Des Vi	144k858m
29. WALLAEYS Jean	1980	FRA	Ea Romans-bourg De Peage	141k883m
30. NAUDIN Jean-pierre		FRA		140k611m
31. SEYNAEVE Serge	1960	BEL	Cm Roubaix	139k824m
32. EMONIERE Philippe	1961	FRA	Cosm Arcueil	134k128m
33. GLASER Jean-bernard	1938	FRA	Neuilly Sur Marne Athletisme	128k117m
34. HASSEVELDE Sebastien	1977	FRA	Cill Armentieres	125k753m
35. GIRAUDEAU Denis	1951	FRA	Plm Conflans	125k152m
36. LETOURNEAU Florian	1988	FRA	Ac Chateau Thierry	124k193m
37. RASSAIND Andre	1937	FRA	Ea Centre Isere*	123k827m
38. BAYLAC Didier	1967	FRA	Cosm Arcueil	120k688m
39. PIERRE Patrick		FRA		116k728m
40. AUVILLE Daniel		FRA		113k079m

#### 24 Hour Walk Women

1. GEIMER Deborah	1980	FRA	A. Sarreguemines Sarrebourg A	174k311m
2. MAISON Sylvie	1973	FRA	Strasbourg Agglomeration Athle	165k802m
3. BIZARD Emilie	1985	FRA	Thiais Ac	157k099m
4. FABRE Francoise	1966	FRA	Courir A Beaucaire	155k427m
5. VARIN Sylviane	1952	FRA	A Marcheurs St Thibault Des Vi	150k900m
6. DAVID Christine		FRA		148k583m
7. ARNAULT Francoise	1948	FRA	Neuilly Sur Marne Athletisme	143k099m
8. BIZARD Claudie	1959	FRA	Thiais Ac	113k910m
9. BARBIER Florence		FRA		99k826m
10. VIGNAUD Annette	1958	FRA	Asptt Perigueux 24 AQU	99k826m
11. ANXIONNAT Claudine	1951	FRA	Athletic Vosges Entente Clubs*	93k098m
12. LAURIN Martine		FRA		91k935m
13. PANNIER Josiane	1950	FRA	Havre Ac	89k195m
14. DUBOIS D'ENGLISHEN Catherine	1965	FRA	Essonne Athletic* 91 I-F	84k660m
15. MORVAN Nicole	1944	FRA	Neuilly Sur Marne Athletisme	81k902m
16. RODRIGUEZ Charlotte		FRA		76k767m
17. MIZERA-MARGONELLI Nicoletta		ITA		70k430m
18. PANNIER Magali		FRA		24k732m
19. LANDRU Noelle	1951	FRA	As Corbeil-essonne	11k292m



Emmanuel Lassalle, Fabrice Henry and Philippe Thibaux



Emilie Bizard, Sylvie Maison and Deborah Geimer (photos Emmanuel Tardi)

### RUDY AND CAROLINE START THEIR WALKING SEASON

I received this fantastic email from **Rudy Schoors (C 55)** and **Caroline Mestdagh (C 56)** in late February. Their European long distance walking season kicked off with a non-competitive 100km walk in Belgium.

Hello Tim and Lois,

Last weekend our long distance walks started again. We walked near to Antwerp a small place called Bazel (Kruibeke). It's the hometown of Willy Vermeulen. This walk of 100 km is organized by two very passionate walkers. They make this event happen every two years. The pace is between 6 and 8 km/h. It's a marked trail but after thirty km the whole group comes together. You have five hours and forty minutes to get at this point. Fast walkers have to wait here slow ones have to hurry. At point sixty km the same rule. The last forty km you can walk at your own pace direction endpoint. Only one hundred people are allowed to start this walk. At 9 PM eighty eight women and men began the walk this third edition.

It's a well-organized walk: every 7 a 8 km you have drinks and food in open air. At junction 30km and 60km you can have refreshments in a pub or hall. Here you can, if necessary, change clothes and use the toilets. The walk itself was very difficult. Because of the rain during the last weeks the trails were very mud and slippery. The weather was very good: stars were shining during the night and mild temperatures. Only the strong wind was chilly. In the morning we had a small shower of rain. So no complains about these conditions. Around three o'clock we arrived back in Bazel with a bunch of friends with whom we walked this trail together.

One remarkable footnote for the Belgian Centurions, especially for the ladies: for the first time the four Belgian Centurion Ladies walked together on a 100 km walk. On the picture you can see from left to right: Hilde Krols C784, Marth Pemen C1096, Caroline Mestdagh C1061 and Marie-Paule Vandenabeele C1070.

Best Regards, ...Rudy and Caroline.





**Photos of Rudy and Caroline in action and of the 4 Belgian Centurion ladies**

**RECORD UPDATE**

2013 was a great year for Australian ultra distance records and 2014 has started off promisingly with the following records

Michelle Thompson	6 Hours	W45 All-Comers & Residential Records	55.731 km	Coburg	23/02/2014
Terry O'Neill	6 Hours	M55 All-Comers & Residential Records	53.786 km	Coburg	23/02/2014



**FINANCIAL NEWS**

<b>Income</b>	Clarrie and Ian Jack - 2014 newsletter postal subscription	12.00
	Clarrie and Ian Jack - donation	8.00
<b>Expenses</b>	Michelle Thompson - donation	50.00
	Stan Miskin - donation	50.00
	Photocopying	10.00
	Dept of Consumer Affairs - annual incorporation fee	51.40
	Keyhole Engraving - Gordon Smith Shield	<u>12.00</u>
<b>Balance</b>		<b>\$878.14</b>

**UNTIL OUR NEXT NEWSLETTER**

Our Australian ultra distance walking scene has now kicked off with two events held so far and the Coburg 24 Hour event due early next month. And the European ultra season is also underway and will be busy from now on. To all our readers spread around the world - dust off those shoes and get out there for a walk! The time is now!

Yours in Centurion walking ... Tim (C 13)

1 Avoca Cres  
Pascoe Vale  
Victoria, Australia, 3044