

## Simister 5km relay

This was the 23rd anniversary of this unique and popular event.

The race was held on the usual 'out & back' course from Lady Wilton Hall, Simister to Heaton Park.

The weather was squally - the competitors had to contend with strong winds and heavy downpours of rain, particularly on the second leg.

It was good to welcome three guests from other clubs to this race.

The battle for the team prize was closely contested - good handicapping resulted in the first 5 teams coming in within just over a minute of each other.

Tony Bell put in a powerful final leg to secure the team win for himself and Ian Hilditch.

Martin Fisher won the scratch race.

*Report by Roy Gunnett*

### Fred Pearce Relay 2 x 5K at Simister 28th July 2018 (Race Permit RWA 8068-1)

<b>5K</b>						
Scratch	Name		Club	Age	Scratch	Age Graded
Pos.				Group	Time	%'s
1	Martin Fisher		Redcar WC	M55	28:41	75.3
2	Tony Malone		Lancs WC	M65	28:48	84.26
3	Adrian Edwards		Lancs WC	M55	28:52	74.82
4	Tony Bell		Lancs WC	M55	29:17	73.1
5	Greg Smith		Lancs WC	M65	31:31	75.82
6	John Crahan		Lancs WC	M65	33:19	74.27
7	Steve Sargent		Lancs WC	M70	33:30	75.7
8	Sailash Shah		Lancs WC	M50	33:45	62.33
9	Joe Hardy		Lancs WC	M70	33:48	78:01
10	Dan Maskell		Surrey WC	M70	33:57	73:78
11	Russ Jackson		Yorkshire RWC	M70	34:37	76:17
12	Ian Hilditch		Lancs WC	M75	35:45	76:92
13	Pat Evans	Lady	Lancs WC	W65	36:07	74:74
14	Ian Vaughan		Lancs WC	M65	36:17	65:13
15	Roy Gunnett		Lancs WC	M70	36:17	69:89
16	John Payn		Lancs WC	M85	40:05	77:98