



INTERNATIONAL RACE WALK



L O N D O N 2 0 0
K I L O M E T R E S

BATTERSEA PARK
AUGUST 21 - 22 1993

START: 2.00PM SATURDAY
FINISH: 2.00PM SUNDAY

Incorporating:

RWA National Championships
Centurions 100 miles

Metropolitan Police RWC
100 miles Championship

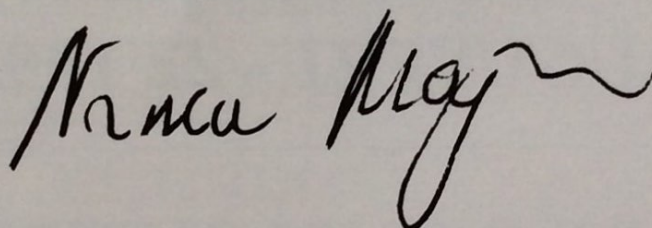
and

1994 Paris - Colmar Qualifying Event

10 DOWNING STREET
LONDON SW1A 2AA

I am delighted to have this opportunity to send a message to all those involved in the London International 200km Racewalking Championship. Britain has a fine tradition of long distance racewalking, but this is the first time that such an event has been organised in this country and the first British event to be designated as a qualifying race for the historic Paris to Colmar racewalk.

It is a great pleasure to welcome to London so many competitors, supporters and officials from all over the world and from all parts of the UK. I wish good luck and success to everyone taking part in the championship, and a most enjoyable weekend to all those who are attending the race.



August 1993

PROGRAMME	
S A T U R D A Y 2 1 A U G U S T	
10.00am - 1.00pm	Officials & competitors report to reception
1.30pm	Presentation of competitors at bandstand
2.00pm	Race starts 50 laps of 4 kilometre circuit
S U N D A Y 2 2 A U G U S T	
11.30am	Expected arrival of winner at bandstand
2.00pm	Time control closes (24 hours)
3.00pm	Prize presentation in marquee

CENTURIANS

The Centurions is an exclusive club consisting of those who have completed 100 miles within 24 hours in designated races. The club was established in 1911 with the elected President, J. Fowler-Dixon being given the honour of being Centurion No. 1 for his 1877 effort. The famous 'Patron' of the club was 'Ernie' Neville (No 7) who promoted, organised, and judged the promotions for decades. Events were held at irregular intervals before 1948 with the London to Brighton and back and the 24 hours on the track being the featured events. A race is now held annually normally on a road circuit with the occasional 24 hour track race. Over the years many outstanding performers have joined the club and records broken both on road and track. There are now nearly one thousand names on the club's books, which includes a veritable Who's Who of British race walking this century and many others from around the world who have been attracted to attempt to become a member of this exclusive fellowship.

In today's event it is a tradition amongst centurions that those not competing will help in one way or another fellow brothers and sisters and those attempting to join their ranks. Today's event is unique in the fact that the 'Centurions' and the 'Colmar' have become linked, a combination which brings joy to the select few who have completed on both sides of the Channel in these time honoured events.

With current stars such as Sandra and Richard Brown and Edmund Shillabeer, together with friends from the continent it is ensured the event will be a very competitive one, and I am sure it will go down in British history as a notable landmark.

WALKING ON AND ON AND ON...!!!

Through the centuries there has always been an interest coupled with a fascination of man pitting his stamina, endurance, and determination against time and distance.

Pedestrianism was extremely popular in the eighteenth and nineteenth centuries with men such as Foster Powell becoming famous for his London to York and back effort in 1773 and matches against a single opponent over distances such as 50 and 100 miles. These events took place on the early established turnpike roads with stakes wagered that would keep the winner in luxury for years. However, despite the early magnificent efforts of Powell, George Guest, and John Hague, the man who really caught the public's interest was the gentleman soldier Captain Robert Barclay. He completed very successfully over distances such as 100 miles and 24 hours before setting his mark in walking history by walking a mile each hour for 42 successive days on Newmarket Heath from 1st June to 12th July 1809, thus recording 1000 miles in 1000 successive hours. His fame for this incredible feat still remains until to-day. Depression after the Napoleonic wars saw the wager contests

fizzle out, but in the middle 1880s the infamous body 'wobble' contests became popular in England and the USA. Held indoors on a 10 or 11 lap to a mile track these races displayed some of the gutsiest and cruelest efforts attempted by man. Quite often competitors were given drugs, stimulants, even poison as the betting fraternity attempted to ensure their man victory or 'nobble' his rivals. In spite of this some incredible performances were recorded with the 'pure' walkers, such as Americans Edward Watson and Dan O'Leary, frequently beating their 'go as you please' rivals. However, the famous name was Sheffield's George Littlewood whose 'go as you please' 6 day record of 623³/₄ miles remains as of to-day, with the most 'pure' walking distance of 586 miles also remains unchallenged.

In France the 'Belle Epoque' not only established long distance and stage race cycling, but also brought long distance walking into prominence. Three famous races were staged, Paris-Belfort (496kms 1892) Bordeaux - Paris (611kms 1903) and Toulouse - Paris (711kms 1904) with hundreds of competitors taking part.

In 1926 the "Strasbourg" was launched by Emile Anthoine (2nd in the Bordeaux Paris 1902). This event became an annual race of 500 kms plus between Paris and the Alsace city, and has been the Mecca of ultra distance walkers ever since. The race was reversed in 1951 and the event was stopped in 1960 on police instructions. It recommenced in 1970. and has been held ever since, with the event now finishing in Colmar. Over the past 20 years or so several Britons have attempted the classic, but only Colin Young (1970-1-2) and Richard Brown (1990 and 1992) have completed the full distance, though Richard's wife, Sandra, has three times finished second in the shorter women's version of the race (350 kms) and this year Isle of Wight grandmother Jill Green became only the second British lady to finish.

In order to qualify for the elite field of 30 there are several 200kms events held during the previous nine months of each year, and these days it does require a walker to cover 200 kms within 24 hours on at least two occasions such is the high standard required.

It is a great honour that to-day's event has been nominated as a "qualifier" for the 1994 Paris-Colmar, as no event has been recognised previously outside of the countries of France, Belgium, Switzerland and Luxembourg.

Editor's note:

We are indebted to Colin Young for providing the above.

THE AWARD FOR CENTURION MEDALS WILL TAKE PLACE AT THE CENTURION'S AGM ON SATURDAY 25 SEPTEMBER AT BROOKFIELD HOUSE, 24 ECCLESTON SQUARE, LONDON (NEAR VICTORIA STATION) STARTING AT 4.00PM.

OFFICIALS

Referee:	John Hedgethorpe
Timekeepers:	Don Turner, Dick Green, Leslie Nightingale
Recorders:	Ken Smith, Anne Smith, Pauline Wilson, Pat Cassidy, John Keown, Roger Michell and Members of the Metropolitan Police Volunteer Cadet Corps
Marshals:	Members of Surrey Walking Club and Metropolitan Police Race Walking Club
Feeding Station:	Wendy and Dereck Wallace - Holman and Members of Cambridge Harriers
Organising Committee:	Alex Ross (Chairman) Peter Selby, Kathy Crilley, Richard and Sandra Brown, Chris Flint, Bill Sutherland BEM.
Results:	Roland Maury
Judges:	Fred Denny (Chief) Barbara Dunsford Les Barrett Stuart Bennett George Brown OBE Bob Picton Michael Croft Keith Read Jack Thomas Reg Youldon
	<i>IAAF Rules will be used throughout the event</i>
Starter:	Dave Maynard

COMMITTEE OF HONOUR

Alan Hall	- President, Race Walking Association
Beryl Randle	- Secretary of the Race Walking Commission (BAF)
Gordon Doubleday	- President, Centurions A.C. (Centurion 142)
Mick Marshall	- Cambridge Harriers
David Kendrick QPM	- Vice Chairman, Metropolitan Police Race Walking Club
Francis Jenevein	- Former IAAF Judge, Founder Director of Paris - Colmar Race
Roland Maury	- Editor, Le Marcheur and Director of Paris - Colmar Race

TEAMS (MENS)

HIGHGATE HARRIERS

1. Fred Baker
2. Barry Cooper
3. Bill Sutherland
4. Russell Vroobel
5. Charlie Weston

MANX HARRIERS

6. George Callister
7. John Cannell
8. Mick Holgate
9. Christopher Keown
10. David O'Sullivan

MEDWAY ATHLETIC CLUB

11. Gordon Beattie
12. Ian Bradwell
13. Chris Hobbs
14. Doug Hopkins

SURREY WALKING CLUB

15. Mike Aris
16. Richard Brown
17. Roger Le Moine
18. Nolan Simmons
19. David Watson
57. Thierry Masson
58. Steve Wynn

TROWBRIDGE

20. Keith Batten
21. Simon Bourne
22. Mike Lewis

AV ATTILA (HOLLAND)

23. Carl Durand
24. Ad Leermakers
25. Theo Mongen

RWV (ROTTERDAM)

26. J H Berkhout
27. David Bindervoet
28. Gys Den Ouden
29. Jan Hack
30. Andre Van D Hoff
31. Henk Van D Hoff
32. Willem Mutze
33. Gerrit Nederluf
34. Kees Ryndorp
35. Marcel Smeets
36. Jaap Stello
37. Arie v't Oor
38. Jan Vos
39. Joop Wissink
40. Fer-Jan De Vries
41. Jan Reesink

BIRCHFIELD HARRIERS

42. Permindi Bhatti
43. Tony Collins
44. John Fenton
45. Clive Thomas
46. Geoff Tranter

LONDON VIDARIANS

47. Chris Flint
48. Bob Watts
49. Ken Watts

COLCHESTER JOGGERS

A.C.

50. John Hart
51. Glen Robertson
52. Kenneth Walsh

OLAT (HOLLAND)

53. Ad Martens
54. Cornelis Punselie
55. Jean Antoin Van De Ryzen
56. Bob Wiche

INDIVIDUALS (MENS)

59.	Joh Bakker	Lat Holland	81.	Ed Shillabeer	Plymouth
60.	Chris Berwick	Leicester	82.	David Staniforth	Sheffield W.C.
61.	Theo Bicke	Vita Belgium	83.	Frans Siefmans	AC Herentals, Belgium
62.	Oliver Browne	Ilford AC			
63.	Jean Cecillon	Neully-sur-Marne, France	84.	Don Thompson	Folkestone AC
64.	Gareth Davies	Plymouth	85.	Zbigniew Klapa	Poland
65.	Remco de Bruin	Lat Holland	86.	Eric Donze	France
66.	Gerrit de Joug	Avantri Schoonhaven, Holland	87.	Gaspard Bourque	Canada
67.	Frank Dolan	Lancashire W.C.	88.	Jean Remy	France
68.	Pat Duncan	Belgrave Harriers	89.	Aleksey Radianov	Russian
69.	Gordon Fisher	Yorkshire RWC	90.	Gerard Roig	France
70.	Martin Fisher	York Postal RWC	91.	Mark Butet	France
71.	Manfred Loch	LG-Hamm, Germany	92.	Norbet Hermes	France
72.	Ian Harvey	Coventry RWC	93.	Jean-Claude Lecomte	Belgium
73.	Erwin Horber	T1av Switzerland	94.	Dominige Yves	France
74.	Per Kleis Pede	Posten Denmark	95.	Roland Heindryckx	Belgium
75.	Ray Middleton	Belgrave Harriers	96.	Hans Rennie	Cambridge Harriers
76.	Luc Nicque	Antwerp, Belgium	97.	Peter Baxter	Leicester W.C.
77.	Alan O' Rawe	Southend AC	98.	Kevin Perry	Southend A.C.
78.	Hubert Pascal	Maison L'Afitte, France	99.	John Dowling	Sheffield W.C.
79.	Bob Porter	Cambridge Harriers	100.	Paul Sargent	Worcester A.C.
80.	Michael Rowland	Ranelagh Harriers	101.	Klass Bakker	Holland
			111.	Daniel Vandendaul	Belgium
			112.	Ralph Martins	Manx Harriers
			114.	Gabrielle Sale	AC Le Havre
			115.	Jeanne-Pierre Richard	AC Le Harve

TEAMS (WOMEN)

SURREY WALKING CLUB

- 102. Sandra Brown
- 103. Kathy Crilley
- 104. Pam Ficken
- 105. Christine Gray
- 106. Hilary Walker

INDIVIDUALS (WOMENS)

- 107. Mareen Cox Manx Harriers
- 108. Jill Green London Vidarians
- 109. Annie Chery France
- 110. Irma Vanderschaeg Belgium
- 113. Josiane Pannier AC Le Havre

WATCH OUT FOR THESE STARS

RICHARD BROWN Recently broke the British best time for 100 miles, recording 16 hours 50 minutes, the previous record had stood for over 30 years. Only 3 U.K. walkers have gone below 17 hours. He has won many classic 100 miles/200 kilometre events in France and Holland. Twice finishing the Paris to Colmar 500 kilometre race, in 1990 and 1992, last year he was sixth. G.B. representative and current holder of National 100 miles title.

JEAN CECILLON One of the best ultra distance walkers in France at present, less than two months ago completing yet another Paris to Colmar, last year he was third. Regularly completes the European circuit with considerable success. A popular walker, strong when the going gets tough and hot - he should be as he is a fireman in trade.

AD LEERMAKERS Fast Dutch walker who has completed the Paris to Colmar. Known for his cheery character and determined style. Ad is used to racing abroad and puts up some of his best performances 'overseas'.

HUBERT PASCAL His first appearance in the UK, Hubert has been suffering from injury this year. However he should soon find his form of last year when he completed his first 'Colmar'.

ED SHILLABEER G.B International, and one of the few British walkers to have completed 200 kilometres in 24 hours.

GORDON BEATTIE G.B International, has done best 24 hr. performance by UK walker in 1993. Has a great deal of potential.

SANDRA BROWN Holder of the Womens world best for 24 hours and second in 1990, 1991, and 1992 in the womens section of the Paris to Colmar. GB International at both walking and running, Sandra has busy domestic life, married to Richard she is mother to Victoria a promising seven year old walker.

JILL GREEN Being a grandmother is no problem for Jill, regularly taking part in ultra distance events she became only the second British lady to finish the Paris to Colmar, that was less than two months ago and since then Jill has gone from strength to strength. U.K. International and an expert on Bats. She will no doubt have hers eyes to the sky at dusk.

KATHY CRILLEY Holder of best womens performance at 24hrs. this year Kathy has an excellent chance of qualifying for the 'Colmar in 1994. GB International and a strong finisher. Holds 50 km British women best time (over 45).

WATTS 'BROTHERS' Bob and Ken Watts are formidable duo with plenty of experience at home and abroad having competed in over twenty 100 miles/24 hours between them. Looking for qualification for the 'Colmar', this year they master minded Jill Green's success.

Z BIGNIEW KLAPA Three times winner of Paris to Colmar 1990, 1991 and 1992. Second this year. Fastest time of 62 hrs 38 mins for the 518 km course. Very strong walker who may miss the hills on the flat circuit of Battersea. Holder of World 200 km best time.

ERIC DONZE Fast young French walker who has recorded a number of excellent 200 km wins. Completed in Paris to Colmar over the last 2 years.

ALEKSEY RADIONOU Cheerful Russian walker who has shown his real potential. Finished 8th in this years Paris to Colmar at first attempt. Winner of Rouen 24 hour in 1992.

DANIAL VANDENDAUL Experienced ultra distance walker who has finished a number of Paris to Colmar races. Competes regular in Europe.

LONG DISTANCE ROAD WALKING RECORDS

BRITISH

MEN

100 mile	16hr 50m 28 sec	Richard Brown	St Oedenrode (Neth)	May 1993
200 km	21hr 42m 41 sec	Richard Brown	Bazancourt (Fr)	April 1992

WOMEN

100 mile	18hr 36m 29 sec	Sandra Brown	Leicester	July 1984
200 km	24hr 04m 20 sec	Sandra Brown	Vallorbe (Switz)	Sept 1991

WORLD

MEN

100 mile	16hr 38m	Gernt de Jong	St Oedenrode (Neth)	1988
200 km	19hr 55m 07 sec	Zbigniev Klapa	Chapelle (Belg)	Oct 1988

WOMEN

100 mile	18hr 38m 01sec	Aaf de Rijk	St Oedenrode (Holl)	May 1982
200 km	24hr 04m 07 sec	Sandra Brown	Vallorbe (Switz)	Sept 1991

Previous

1992	Richard & Sandra Brown	18hr 50m 29sec
1991	Richard Brown	17hr 52m 47sec
1990	Richard Brown	17hr 54m 28sec
1989	Edmund Shillabeer	18hr 11m 08sec
1988	Richard Brown	17hr 0m 35sec
1987	John Cannell	17hr 55m 10sec
1986	Richard Brown	18hr 17m 17sec
1985	Charlie Weston	19hr 21m 40sec
1984	Brian Adams	17hr 39m 28sec
1983	Carl Lawton	17hr 51m 51sec

Winning Teams

RWV Rotterdam
Surrey W. C.
RWV Rotterdam
OLAT Holland
Isle of Man
OLAT Holland
OLAT Holland

THE METROPOLITAN POLICE RACE WALKING CLUB.

The MPRWC was formed in 1925 and its first inter-club match was held on 2nd January 1926 against the then Surrey Walking Athletics Club. This resulted in a win a year for the MPRWC. However, it was to be another 12 years before the club beat Surrey Walking Club, which was for many years, the strongest middle distance Club in the country. So long sought was the win that it merited a special 'Police Notice' from Lord Trenchard, the Commissioner.

Since those early days the club has produced many National and International champions who have been proud to represent their civilian Clubs; members of the MPRWC do not compete in Open events as a 'Metropolitan Police' team. Each member is 'first claim' to his local athletic club and thereby his community.

In addition to Olympic (Paul Blagg) and Commonwealth Games participants (Bill Sutherland), the Club has 37 'Centurions'. (A Centurion is one who, as an amateur, has walked in competition, in Great Britain, 100 miles in 24 hours).

It is therefore entirely appropriate that the MPRWC and Surrey Walking Club have jointly promoted this race.

THANKS

I would like to express my thanks to all the people who have made this event possible; most particularly the organising committee who have been working for the last eighteen months to promote this event.

Also to the staff of Battersea Park; the Wandsworth Parks Police and to all of those who have generously donated prizes. To the judges, officials, time keepers and other helpers and those at the feeding station.

To the Metropolitan Police Athletic Association, Surrey Walking Club and members of the Volunteer Cadet Corps. Paramedico and staff at the cafeteria (please support it) and the Kent Constabulary Band.

To anyone else I have forgotten, my apologies and thanks.

Alex Ross, Chairman, Organising Committee

DONATED PRIZES

- 1) Lister Hospital, Chelsea Bridge Road, London SW1W 8RH.
- 2) Bravingtons, Jewellers, Managing Director Mr IJK Neale, Kings Head House, 23 Market Place, St Albans, Herts AL3 5DP
- 1 Lady's and 1 man's watch.
- 3) Army and Navy, 101, Victoria Street, London SW1E 6OX
- Sharp Stereo Radio-Cassette Recorder
- 4) Victoria Palace, Victoria Street, London SW1E 5EA
- Two complimentary tickets to Buddy
- 5) The Body Shop, 113 Victoria Street, London SW1E 6RA
- 2 Body Baskets and 10% off for all competitors.
- 6) McDonalds, 155 Victoria Street, London SW1E 5NA
- Drinks Container & cups, Orange drink.
- 7) Isostar - Mr W Otter, Isostar Promotions Dept, Wander Ltd, Station Road, Kings Langley, Herts. WD7 8LJ
- 6 x 400g drums at discount.
- 8) Len Fowlers Sports Ltd, Holborn - Prize.
- 9) Derek Cross - 3 cycle bags.
- 10) A A Gold (Renault), 155-61 Grafton Road, London NW5 - £20 donation.
- 11) Sandra and Richard Brown - Bill and Kath Sutherland - Prizes
- 12) London Postal Region - Steve Wynn. 1cup memory of Bill King (Surrey Walking Club)
- 13) Pauline & Mick Marshall - Cambridge H - prizes.
- 14) Roger Mills - Athletic East. Race Numbers.
- 15) Inter Flora - London Region Branch
- 16) Royal Hospital - Regimental ice bucket
- 17) Walkers Smiths - 2 sets of 'Vintage Vans'
- 18) Thornton's Chocolates, Victoria Street, London SW1 - £6 voucher.
- 19) Ryman's Wilding, Victoria Street, London SW1 - assorted gifts.

**THE COMMITTEE GRATEFULLY ACKNOWLEDGE FINANCIAL SUPPORT FROM THE
FOUNDATION OF SPORTS AND ARTS**

